

HBT "Hoover Fall Classic" Swim Meet!!

** October 26 - 28, 2007 **

MEET INFORMATION

Here's some handy meet info to make your weekend a little less stressful. Please note the important information concerning **warm-up times** for the meet; and the equally important **practice cancellations** due to a meet weekend.

See you at the pool,
Coach Marcy

Swim Smart!! Race Fast!!

WARM UP AND COMPETITION TIMES:

HBT has not posted whether we have 1st or 2nd warm-up session. If I find out by Thursday I will try to publish the info. Otherwise, show up ready to get in at the earliest time listed. You can check HBT's website between now and then to see if they post the info: <http://www.hbtswim.org/>

10 & Under AM Session

Sat. AM Warm ups: 7:15 am Competition: 8:30 am

Sun. AM: Warm ups: 7:15am Competition: 8:30 am

12 & Over PM Session

Sat. PM Warm ups: Not Before 12:00 pm Competition: Not Before 1:30 pm

Sun. PM: Warm ups: Not Before 12:00pm Competition: Not Before 1:30 pm

Directions to Meet:

HBT - Hoover Blue Thunder

Hoover Parks and Recreation Pool

From I-65 North take exit 250 onto I-459 towards Tuscaloosa. Take the Hoover/Pelham exit 13B, bearing right as you come off the exit. From there take your first right onto Municipal Drive. The recreation center is about a third of a mile up the road. **Park on the lower level;** the upper level is reserved for local patrons. Additional parking can also be found in an adjacent lot by the library.

PRACTICE SCHEDULE CHANGES (DUE TO MEET):

Practice Groups	Day/Time	Comments
S3/Gold	Friday AM & PM	Normal times
B2/S1/S2	Friday PM	Normal time
S3/Gold	Monday AM & PM	Cancelled
B1/B2/S1/S2	Monday PM	Cancelled